

NFP Method Quick Reference Guide

For dates of NFP class schedules, go to: www.fargodiocese.org/NFPinstructors.

OVULATION Method:

Bottineau area:

Janel Agnes, RPh, BOMA-USA

701-228-2499 or 701-201-0294, or e-mail: janelma@hotmail.com
\$150 for individual instruction, \$75 for group instruction: 3 sessions and follow-up as needed, materials included.

Cavalier area:

Anita Stevens, BOMA-USA

701-265-4943, or e-mail: astevens@polarcomm.com
\$135: 3 sessions and follow-up as needed, materials included.

Devils Lake area:

Dennis and Judy Miller, BOMA-USA

701-644-2611, or e-mail: djmiller@polarcomm.com
\$135: 3 sessions and follow-up as needed, materials included.

Jessica Ruehle*, CFCI, Creighton FertilityCare System featuring NaProTechnology

701-230-0139, or email: jessicamruehle@gmail.com
\$180: 5 sessions/1 introduction session (no charge) followed by individual instruction with teacher, materials included.

Fargo area:

Marissa Duppong, BOMA-USA

701-527-6470, or email: marissaduppong@gmail.com
\$125: 3 sessions and follow-up as needed, materials included.

Joe and Jolene Hendrickx*, BSN, BOMA-USA

218-371-5778, or email joehendrickx1@gmail.com
\$125: 3 sessions and follow up as needed, materials included.

Mary Johnson, CFCP, Creighton FertilityCare System featuring NaProTechnology

218-233-6103, or e-mail: ryanmaryjohnson@hotmail.com
\$180: 5 sessions/1 introduction session (no charge) followed by individual instruction with teacher, materials included.

Joe and Kayla Lorsung, RN, BSN, BOMA-USA

701-799-9918, or e-mail: Kayla.Lorsung@gmail.com
\$125: 3 sessions and follow-up as needed, materials included.

Stephen and Miriam Rolczynski*, BOMA-USA

701-202-8813, or e-mail: smrolski@gmail.com
\$125: 3 sessions; materials included.

Grand Forks area:

Katie Zubrod*, CFCPI, Creighton FertilityCare System featuring NaProTechnology

719-482-6270, or email: kt.ande24@gmail.com
\$180: 5 sessions/1 introduction session (no charge) followed by individual instruction with teacher, materials included.

Meghann Diedrich*, BOMA-USA

701-215-1166, or email: meghann.fitzmaurice@gmail.com
\$125: 3 sessions and follow-up as needed, materials included.

Harvey area:

Elizabeth Leier, LPN, BOMA-USA

701-324-2802, or e-mail: elroseleier@gmail.com
\$150: 3 individual instruction sessions and follow-up as needed, materials included.

Jamestown area:

Leann Ripplinger, CFCP, Creighton FertilityCare System featuring NaProTechnology

701-952-1750, or e-mail: fcs.heartland@hotmail.com
\$195 for introductory session (includes 1st year materials) and 5 follow-up sessions. 5 sessions needed to complete diocesan requirements.

Napoleon area:

Dawn Becker*, RN, BSN, BOMA-USA

701-226-3087, e-mail: dawn16marie@gmail.com
\$125: 3 sessions and follow-up as needed, materials included.

Wahpeton area:

Denise Herding*, BOMA-USA

701-640-2035
\$125: 3 sessions and follow-up as needed, materials included.

MARQUETTE Method:

Fargo area:

Natalie Aughinbaugh, DNP, FNP-C

701-866-7890, or e-mail: natalie.aughinbaugh@gmail.com
\$125: 3 sessions and follow-up as needed.

Emily Jacobs*, RN, BSN

218-371-8650, or e-mail: jacobs.emilyjean@gmail.com
\$125: 3 sessions and follow-up as needed.

SYMPTO-THERMAL Method:

Couple to Couple League (CCL)

\$140: 3 class series. Materials included. All registration and payment is done online at: register.ccli.org. Input one of the zip codes below. **Only the "Live Onsite" option fulfills the diocesan requirement for marriage preparation.**

Fargo area zip codes: 58102-58104

Clarence and Betty Vetter, CCL

Grand Forks area zip codes: 58201-58203

Destin and Stacey Coles, CCL

Greg and Stacey Paintner, CCL

Mitch and Lee Walski, CCL

(For questions call Cheryl at 701-847-3093)

La Moure area zip code: 58458

Eric and Suzie Lahlum, CCL

Valley City area zip code: 58072

Jacob and Ruth Loegering, CCL

For information on professional providers of infertility care and local physicians supportive of NFP go to: <http://www.fargodiocese.org/infertility>. For a national listing of NFP providers and physicians go to: www.omsoul.com.

* Practicum Instructor(s).