

Religious Education Standards  
**General Standards for Grade 1**

August 22, 2018



Diocese of Fargo



## DIOCESE OF FARGO

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Dear Catechist,

In 2013, Bishop Folda requested that a committee be formed to evaluate and publish updated standards for our Catholic schools and parish Religious Education programs. The result of the committee's work are standards for Kindergarten through eighth grade.

There are two formats of the standards for each grade:

1. **General Standards:** This is a "master list" of all the aspects of the Faith which should be covered in each specific grade. Each grade is divided into the four pillars of the *Catechism of the Catholic Church*: Profession of Faith, Sacraments, Moral Life and Prayer.
2. **Standards Corresponding to Textbook:** This document shows where the General Standards are covered in the textbook. It lists each chapter of the textbook. This document will be more useful for teaching.

The standards were also used as part of the selection process of the textbook series that was recommended to Bishop Folda.

The General Standards were promulgated July 16, 2019. They are now to be in full use.

Peace in Christ,

Mary Hanbury  
Director of Catechesis

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Who is God?	<p><b>PF 1.1 God loves us and is Creator of all</b></p> <ul style="list-style-type: none"> <li>a. Understand God wants all people to care about creation</li> <li>b. Know that God created the first man and woman (Adam and Eve)</li> <li>c. Recognize the world is good and God created it out of love</li> <li>d. Know God created angels as messengers and helpers and that he gave each of us a guardian angel</li> </ul>	<p>CCC 221, 279 John 3:16 CCC 293-294 CCC 315</p> <p>CCC 355-361</p> <p>YOUCAT 54-55 CCC 328-330 CCC 336</p>		
Who is God?	<p><b>PF 1.2 God is the Holy Trinity</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand there is only one God; Who always was and always will be</li> <li>b. Begin to understand that we believe in the Holy Trinity: God the Father, God the Son and God the Holy Spirit</li> </ul>	<p>CCC 232-237 CCC 249-260</p>		
Who is Jesus?	<p><b>PF 1.3 Jesus is the son of God</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that Jesus is both God and man</li> <li>b. Begin to understand that Jesus suffered, died and rose from the dead so that all people could go to heaven</li> <li>c. Know Jesus teaches us to love and take care of one another</li> </ul>	<p>CCC 464-478</p> <p>CCC 612, 629, 638</p>		

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Who is the Holy Family?	<p><b>PF 1.4 Jesus grew up in a family</b></p> <ul style="list-style-type: none"> <li>a. Know the members of the Holy Family: Jesus, Mary, and Joseph, foster-father of Jesus</li> <li>b. Know Mary is the mother of Jesus and our mother too</li> <li>c. Recognize Jesus obeyed Mary and Joseph</li> <li>d. Understand Jesus is our role model</li> </ul>	<p>CCC 525</p> <p>CCC 495 CCC 531-534</p> <p>CCC 520-521</p>		
Who are the saints?	<p><b>PF 1.5 Angels and saints are in heaven</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand how the saints loved Jesus</li> <li>b. Begin to understand how the saints become special friends of Jesus</li> <li>c. Know the saints want to be our friends</li> </ul>	<p>CCC 956, 1173, 828</p>		
How does the Holy Spirit help us?	<p><b>PF 1.6 Jesus promises a helper will come; the Holy Spirit</b></p> <ul style="list-style-type: none"> <li>a. Know the Holy Spirit helps us be holy</li> <li>b. Begin to understand the Holy Spirit helps guide the Church</li> </ul>			
What happens when we die?	<p><b>PF 1.7 Jesus wants us to live with him in heaven</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand after we die we can have a new life with Jesus</li> <li>b. Know we call this new place heaven</li> <li>c. Know the saints live in heaven</li> </ul>	<p>CCC 1023</p>		
What is God's kingdom?	<p><b>PF 1.8 God has a Kingdom</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand there is a kingdom of heaven and earth</li> <li>b. Know that everyone is happy in the kingdom of heaven</li> <li>c. Begin to understand that God's kingdom in heaven how we should be living here on earth</li> </ul>	<p>CCC 1023- 1029</p>		

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Who is God's Family?	<p><b>PF 1.9 The Church is God's family</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand Baptism makes us part of God's family; the Church</li> <li>b. Begin to understand we work together to build up the Church family</li> </ul>	<p>CCC 759-60</p> <p>CCC 765</p>		
What is the bible?	<p><b>PF 1.10 The bible is God's written word</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand the bible is the Word of God written in human words</li> <li>b. Begin to understand the bible has two main parts:               <ul style="list-style-type: none"> <li>1. Old Testament</li> <li>2. New Testament</li> </ul> </li> <li>c. Begin to understand the bible has four Gospels that tell us about the life and teaching of Jesus</li> </ul>	<p>CCC 105-108</p> <p>CCC 120, 125, 129</p>		

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How does God give us his love through the Church?	<p><b>S 1.1 The sacraments are signs of God’s love for us</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that we receive God’s life (grace) in the sacraments</li> <li>b. Be introduced to the seven sacraments:               <ul style="list-style-type: none"> <li>1. Baptism</li> <li>2. Penance/Reconciliation</li> <li>3. Confirmation</li> <li>4. Eucharist</li> <li>5. Anointing of the Sick</li> <li>6. Marriage</li> <li>7. Holy Orders</li> </ul> </li> </ul>	<p>CCC 1114-21 CCC 1210</p> <p>YOUCAT 172</p> <p>CCC 1213</p>		
<p>Why are we baptized?</p> <p>What is necessary for baptism?</p>	<p><b>S 1.2 We become members of God’s family through baptism</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that through baptism we receive grace and the forgiveness of Original Sin</li> <li>b. Begin to understand each baptized person belongs to God’s family, the Church</li> <li>c. Know that Jesus tells us to baptize with the words: “I baptize you in the name of the Father, and of the Son, and of the Holy Spirit”</li> <li>d. Be introduced to the symbols of baptism:               <ul style="list-style-type: none"> <li>1. water</li> <li>2. holy oils</li> <li>3. white garment</li> <li>4. candle</li> </ul> </li> <li>e. Know that baptism is the first sacrament you receive and is required in order to receive the other sacraments</li> <li>f. Recognize godparents play an important role in helping you to know God</li> </ul>	<p>CCC 1271</p> <p>CCC 1213</p> <p>CCC 1265-67 CCC 1279-80</p> <p>CCC 1311</p>		

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How does Jesus feed us at Mass?	<p><b>S 1.3 Jesus feeds his family at Mass through the Eucharist</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that the bread and wine become the Body and Blood of Jesus Christ at Mass</li> <li>b. Begin to understand that we receive Jesus in the Eucharist (Holy Communion)</li> </ul>	CCC 1384-1406		
<p>How does Mass help us to become more like Jesus?</p> <p>What are other items we find in the church to help us worship?</p>	<p><b>S 1.4 At Mass we come to know Jesus</b></p> <ul style="list-style-type: none"> <li>a. Begin to know there are two main parts of the Mass: <ul style="list-style-type: none"> <li>1. Word of God from the bible (Liturgy of the Word)</li> <li>2. Changing the bread and wine into Body and Blood of Jesus (Liturgy of the Eucharist)</li> </ul> </li> <li>b. Know the church building is the House of God</li> <li>c. Be introduced to these liturgical items in the church: <ul style="list-style-type: none"> <li>1. Altar</li> <li>2. Tabernacle</li> <li>3. Sanctuary lamp</li> <li>4. Crucifix</li> <li>5. Baptismal font</li> <li>6. Holy water font</li> </ul> </li> </ul>	<p>CCC 1088</p> <p>CCC 1346</p> <p>CCC 756</p>		

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What are the special times we celebrate during the year?	<p><b>S 1.5 We celebrate the seasons of the Church (the liturgical year)</b></p> <ul style="list-style-type: none"> <li>a. Recognize there is a liturgical year in which we celebrate the life of Jesus, Mary, and the saints</li> <li>b. Begin to know the colors associated with each liturgical seasons: Advent (violet), Christmas (white), Ordinary Time (green), Lent (violet), and Easter (white)</li> <li>c. Be introduced to the significance of Christmas and Easter</li> <li>d. Begin to understand Advent prepares us for Christmas and Lent prepares us for Easter</li> </ul>	CCC 1163-1173		

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<p>How are we like God?</p> <p>How do we keep ourselves healthy and happy?</p>	<p><b>ML 1.1 We are created in the image and likeness of God</b></p> <ul style="list-style-type: none"> <li>a. Recognize that you are created to be a unique member of God's family</li> <li>b. Understand God loves you (unconditional love)</li> <li>c. Begin to understand you are created to know, love, and serve God and others</li> <li>d. Know that God wants you to love yourself and become like him</li> <li>e. Recognize God wants us to care for ourselves (establish good habits)</li> <li>f. Understand the difference between good choices and bad choices (free will)</li> </ul>	<p>CCC 355-358 CCC 1700</p> <p>CCC 1803</p> <p>CCC 1732</p>		
<p>How does God show he loves us?</p> <p>How do we treat people in God's family?</p>	<p><b>ML 1.2 We are made for relationship with God and others</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand God sent his son, Jesus, to show us his love and how to live</li> <li>b. Know Jesus teaches us to love and take care of one another and that love includes everyone</li> <li>c. Begin to understand how our own behavior affects others in good ways and bad ways</li> </ul>	<p>CCC 299 CCC 422-429 CCC 2840</p> <p>CCC 1877</p>		
<p>How do we live and follow God?</p>	<p><b>ML 1.3 God gave us the Ten Commandments so we know how to live a good and holy life</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand how sin hurts our relationship with God</li> <li>b. Know we need to forgive others and/or ask for forgiveness from God and others</li> <li>c. Begin to recognize God has rules for us to follow called the Ten Commandments</li> <li>d. Know Jesus said the greatest commandments are loving God and loving neighbor</li> </ul>	<p>CCC 62, 2056 CCC 1849-1851</p> <p>CCC 2052 Mt 19:16-19 CCC 62, 2056 Table before CCC 2052</p>		

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	e. Be introduced to the Ten Commandments: <ol style="list-style-type: none"> <li>1. 1<sup>st</sup> Commandment: love God more than anything</li> <li>2. 2<sup>nd</sup> Commandment: keep God's name holy</li> <li>3. 3<sup>rd</sup> Commandment: keep holy the Sabbath (we go to Church on Saturday evening or Sunday)</li> <li>4. 4<sup>th</sup> Commandment: obey parents</li> <li>5. 5<sup>th</sup> Commandment: do not hurt others</li> <li>6. 6<sup>th</sup> Commandment: be faithful in love and marriage</li> <li>7. 7<sup>th</sup> Commandment: do not steal</li> <li>8. 8<sup>th</sup> Commandment: do not lie</li> <li>9. 9<sup>th</sup> Commandment: think good thoughts, be pure of heart</li> <li>10. 10<sup>th</sup> Commandment: do not be jealous of others</li> </ol>	Mt 22:36-39		
How do we share God's love with others?	<b>ML 1.4 We show our love for God by sharing what we have with others</b> <ol style="list-style-type: none"> <li>a. Begin to recognize the needs of others</li> <li>b. Begin to understand we can help others by praying for them</li> <li>c. Begin to understand how our actions can help others</li> </ol>	CCC 2443-2445  CCC 2634		
How are the saints' models of a moral life?	<b>ML 1.5 Through their lives, saints show us how to love Jesus and others</b> <ol style="list-style-type: none"> <li>a. Know that Mary is the perfect model saint (she always said yes to God)</li> <li>b. Know the saints are friends of God and your friends</li> <li>c. Begin to understand how the lives of saints' model love of God and concern for others.</li> <li>d. Begin to know the stories about the saints</li> </ol>	CCC 2683  CCC 148, 2617 CCC 828-829		

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Why should we care about the environment?	<p><b>ML 1.6 We show our love for God by caring for his creation</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand how our actions toward God’s creation/environment can have good or bad effects</li> <li>b. Begin to understand God gives us animals and plants (etc.) to help us be happy and live in harmony with God and his creation</li> </ul>	CCC 2415-2418		
How do feelings help us?	<p><b>ML 1.7 Safe environment: God desires us to be safe</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand God’s grace helps us to be aware of feeling safe or unsafe</li> <li>b. Begin to understand God does not want us to feel unsafe</li> <li>c. Begin to understand God gives us people in our lives to help us when we are feeling unsafe</li> </ul>			

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Why do we pray?	<p><b>P 1.1 God loves us and wants to form a relationship with us</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand Jesus told us to pray and in the Gospel stories he taught us to pray</li> <li>b. Begin to understand prayer helps us in our daily lives</li> </ul>	<p>CCC 2565</p> <p>CCC 2607-2615</p> <p>CCC 2598</p>	<p>Pray for communities: parish, neighborhood &amp; school</p>	
What is prayer?	<p><b>P 1.2 Prayer is listening and talking with God</b></p> <ul style="list-style-type: none"> <li>a. Recognize prayer helps us develop our personal relationship with God (Father, Son, and Holy Spirit)</li> <li>b. Recognize God wants us to pray</li> <li>c. Recognize Jesus taught us the “Lord’s Prayer”</li> <li>d. Know prayer is talking with God and listening to him               <ul style="list-style-type: none"> <li>1. Quiet times of prayer help us to know, love, and hear God</li> <li>2. Prayer is asking good things from God, thanking God, and praising God</li> </ul> </li> </ul>	<p>CCC 2590</p> <p>CCC 2558-2561</p> <p>CCC 2567</p> <p>CCC 2602</p> <p>CCC 2610</p>		
How do we pray?	<p><b>P 1.3 There are many ways to pray</b></p> <ul style="list-style-type: none"> <li>a. Know there are different ways to pray: memorized prayers, spontaneous prayer, gesture, song, reflection, and silence</li> <li>b. Know prayers with words can be said aloud or silently</li> <li>c. Know memorization of prayers is an important part of our prayer life</li> <li>d. Know the following prayers:               <ul style="list-style-type: none"> <li>1. Sign of Cross</li> <li>2. Our Father</li> <li>3. Hail Mary</li> <li>4. Angel of God</li> <li>5. Grace before Meals</li> <li><b>6. Glory Be</b></li> <li><b>7. St. Michael the Archangel</b></li> </ul> </li> <li>e. Begin to know how to pray spontaneously: “I love you God,” “Thank you God,” “Help me God,” etc.</li> </ul>	<p>CCC 2699</p> <p>CCC 2765-2766</p> <p>CCC 2688</p>		

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	<ul style="list-style-type: none"> <li>f. Begin to know how to pray with stories from the bible (Lectio Divina)</li> <li>g. Begin to understand how to reflect in prayer by listening and thinking about the prayer, song, etc.</li> <li>h. Know basic gestures: sign of the cross, folding hands in prayer, genuflecting and bowing</li> </ul>	<p>CCC 2708</p> <p>CCC 2723</p>		
What is the Mass?	<p><b>P 1.4 Mass is the highest form of prayer</b></p> <ul style="list-style-type: none"> <li>a. Know everyone should go to Mass every weekend and participate by praying and singing</li> <li>b. Understand the church building is a special place to pray during the Mass and outside of Mass</li> <li>c. Be introduced to the selected communal prayers and responses of the Mass:               <ol style="list-style-type: none"> <li>1. “Amen”</li> <li>2. Responses to Greeting (“And with your spirit”)</li> <li>3. Responses to the Readings (“Thanks be to God”)</li> <li>4. “Alleluia”</li> <li>5. Response to the Gospel introduction (“Glory to you O Lord”)</li> <li>6. Response to the Gospel (“Praise to you Lord Jesus Christ”)</li> <li>7. Response to Intercessions (“Lord hear our prayer”)</li> <li>8. The Great Amen</li> <li>9. Response to the Sign of Peace (To the priest, “And with your Spirit” and to others, “Peace be with you”)</li> <li>10. Final Blessing and Dismissal (“Thanks be to God”)</li> </ol> </li> </ul>	<p>CCC 2655, 2659</p> <p>CCC 1181</p> <p>CCC 1346-1355</p>		